**Dates for Health and Wellbeing Programme at York Art Gallery 2019/20:**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **May** | **June** | **July** | **Sept** | **Oct** | **Nov** | **Dec** | **Jan** | **Feb** | **March** | **April** |
| **Well-being**  **Sundays**  1.30 – 3.30pm | 12th  Anthony Shaw Collection | 2nd  Gardens/M Lyons | 6th  Sounds Like Her | 7th  Collections | 6th | 10th | 8th | 12th | 2nd |  |  |
| **Sketchbook Circle** Wednesdays 1.30 – 3.30pm | 15th  Anthony Shaw Collection | 19th  Gardens/ M Lyons | 10th  Sounds Like Her | 11th  Collections | 16th | 13th | 11th | 15th | 12th |  |  |
| **Converge Discover Monthly**  Tuesdays  2- 4 pm | 21st  Ruskin | 25th  Gardens/M Lyons | 9th  Sounds Like Her | 17th  Collections |  |  |  | 14th | 11th |  |  |
| **Converge Discover – weekly** Tuesdays  2 – 4pm |  |  |  |  | 8th, 15th, 22nd | 5th, 12th, 19th, 26th, | 3rd |  |  |  |  |
| **Sensory session**  **12.45 – 1.15** | 8th May |  |  |  |  |  |  |  |  |  |  |
| **Cancer Care Sessions**  Tuesdays 1 – 4pm |  | 4th, 11th, 18th, 25th | 2nd, 9th |  |  |  |  |  |  |  |  |